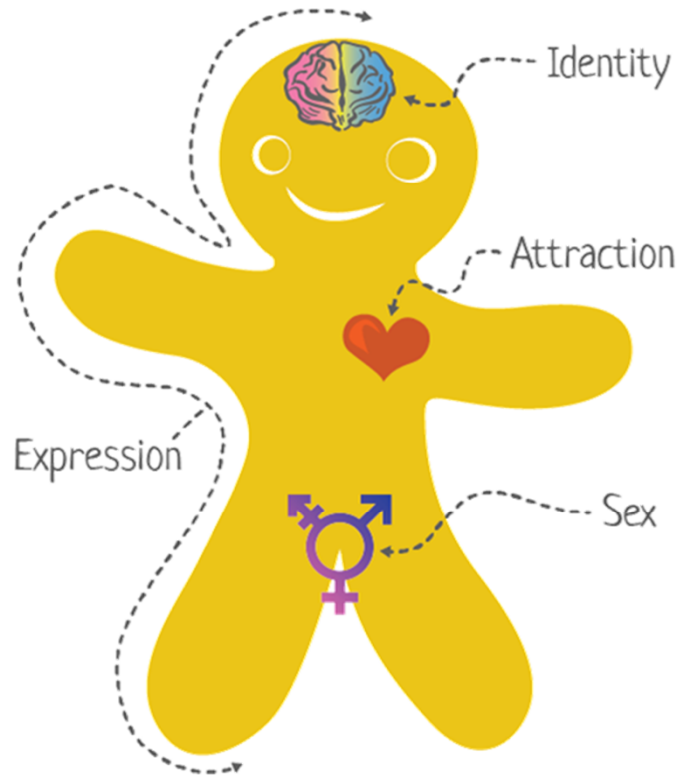




The Genderbread Person

The Genderbread Person v4 by its pronounced METROsexual.com



Identity ≠ Expression ≠ Sex
Gender ≠ Sexual Orientation

Gender Identity

- Woman-ness
- Man-ness

Gender Expression

- Femininity
- Masculinity

Anatomical Sex

- Female-ness
- Male-ness

Sex Assigned At Birth

- Female Intersex Male

Sexually Attracted to... and/or (a/o)

- Women a/o Feminine a/o Female People
- Men a/o Masculine a/o Male People

Romantically Attracted to..

- Women a/o Feminine a/o Female People
- Men a/o Masculine a/o Male People

means a lack of what's on the right side

LGBTQIA+		
“L” is for Lesbian	A female- identified person who is attracted romantically, physically, or emotionally to another female-identified person.	Some lesbians may prefer to identify as gay (adj.) or as gay women.
“G” is for Gay	The adjective used to describe people whose enduring physical, romantic, and/ or emotional attractions are to people of the same sex (e.g., <i>gay man</i> , <i>gay people</i>).	Sometimes lesbian (n. or adj.) is the preferred term for women. Avoid identifying gay people as "homosexuals" an outdated term considered derogatory and offensive to many lesbian and gay people.
“B” is for Bisexual (or Bi)	A person who has the capacity to form enduring physical, romantic, and/ or emotional attractions to those of the same gender or to those of another gender.	People may experience this attraction in differing ways and degrees over their lifetime. Bisexual people need not have had specific sexual experiences to be bisexual; in fact, they need not have had any sexual experience at all to identify as bisexual. People often use Bisexual and Pansexual interchangeably
“T” is for Transgender (Trans)	Encompassing term of many gender identities of those who do not identify or exclusively identify with their sex assigned at birth.	<p>Transman: female to male or FTM Transwoman: male to female</p> <p>Cisgender/cis: Term for someone who exclusively identifies as their sex assigned at birth.</p>
“Q” is for Queer	An adjective used by some people, particularly younger people, whose sexual orientation is not exclusively heterosexual (e.g. queer person, queer woman).	Typically, for those who identify as queer, the terms lesbian, gay, and bisexual are perceived to be too limiting and/or fraught with cultural connotations they feel don't apply to them. Some people may use queer, or more commonly genderqueer, to describe their gender identity and/or gender expression. Once considered a pejorative term, queer has been reclaimed by some LGBT people to describe themselves; however, it is not a universally accepted term even within the LGBT community. When Q is seen at the end of LGBT, it typically means queer and, less often, questioning.”
“I” is for Intersex	An umbrella term describing people born with reproductive or sexual anatomy and/or a chromosome pattern that can't be classified as typically male or female.	Those variations are also sometimes referred to as Differences of Sex Development (DSD.) Avoid the outdated and derogatory term "hermaphrodite." While some people can have an intersex condition and also identify as transgender, the two are separate and should not be conflated.
“A” is for Asexual	An adjective used to describe people who do not experience sexual attraction (e.g., asexual person). A person can also be aromantic, meaning they do not experience romantic attraction.	(For more information, visit asexuality.org .)
“P” is for Pansexual	Capable of being attracted to many/any gender(s). Sometimes the term omnisexual is used in the same manner.	“Pansexual” is being used more and more frequently as more people acknowledge that gender is not binary. Sometimes, the identity fails to recognize that one cannot know